



The Essence of Clinical Aromatherapy

International Seminar



Colleen Thompson



Reiko Tomino



Ruta Aldonyte



Mayra Castro



Madeleine Kerkhof

Educators' Roundtable Debate
May 22nd 18.00 GMT+1



Deby Atterby



Anita James



Denise Joswiak



Penny Price



Sandi Nye

<https://clinical-aromatherapy.vfairs.com>



The Essence of Clinical Aromatherapy

International Seminar

EDUCATORS' ROUNDTABLE DEBATE
THE ESSENCE OF CLINICAL AROMATHERAPY INTERNATIONAL SEMINAR
SATURDAY MAY 22 1800-19.30 GMT+1

PANELISTS' BIOGRAPHIES

Madeleine Kerkhof (The Netherlands)

CEO, Senior Educator

Knowledge Institute for Integrative & Complementary (Nursing) Care

www.kicozo.info

Madeleine, a former RN is founder, CEO and Senior Educator of Kicozo, Global Knowledge Institute for Integrative & Complementary (Nursing) Care. As a nurse, she gained a passion for a more holistic approach. This led to her studies into complementary therapies in addition to existing care. After leaving the hospital, Madeleine had a private practice for many years, and gradually started training nurses and health care professionals in complementary nursing care techniques. Now, over 20 years later, she is a highly respected expert and world-renowned educator in Clinical Aromatherapy (AromaCare), AquaCare and other complementary therapies, specialised in the care for the frailest patients and elderly, in oncology, in palliative and end of life care.

Madeleine is a member and advisor to the Dutch Nurses Society and Palliactief (NL), of the American Holistic Nurse Association, AIA (where she is in the education committee), NAHA, IAAMA, EONS.

Madeleine is the author of two highly acclaimed books: "Complementary Nursing in End of Life Care" (2015), and "CO2 Extracts in Aromatherapy, 50+ Extracts for Clinical Applications" (2018).

Madeleine teaches at Kicozo's campus in The Netherlands where she heads a team of tutors, as well as its branch in Hong Kong.

Kicozo is accredited by the Dutch Board of Nursing Quality. As an educator Madeleine travels the world and offers online programs, offering safe and science based (continuing) education, to train nurses and health care professionals in clinical aromatherapy (AromaCare), and other clinical complementary (nursing) techniques to enhance quality of life for patients and their loved ones.



The Essence of Clinical Aromatherapy

International Seminar

Mayra Castro (Brazil)

President

Abraroma - Brazilian Aromatherapy and Aromatology Association

www.aromaterapia.org.br

Mayra Castro has been working with aromatherapy since 2002 and is the founder of Casa Máý, an aromatherapy school in Brazil with over 10 years in the market, as well as the Sul Aroma congress, in the south of the country.

Mayra also works as an experienced aromatherapy educator and acclaimed speaker and has already translated several books by French authors into Portuguese, including texts by Danièle Festy and Dominique Baudoux.

Her contribution to the provision and progress of quality aromatherapy information and education in Brazil over many years is significant.

Mayra is currently the president of Abraroma, the recently created Brazilian Aromatherapy and Aromatology Association.

Colleen Thompson (Canada)

Co-owner and Co-principal

Essence of Thyme College of Holistic Studies

www.essenceofthyme.com

Colleen's background and post-secondary education is in business and marketing and adult education. In 1995, she made the life-changing decision to leave the corporate world and become an aromatherapist. She owned and operated three aromatherapy stores and a holistic spa from 1995 – 2007 and created many of the products sold for both retail and wholesale.

Concurrently from 2006 – 2012, she taught aromatherapy at a local college and was the Spa Program coordinator.

From 1995 – 2012, Colleen was actively involved in teaching aromatherapy programs and workshops throughout British Columbia and combining her two passions - aromatherapy and education - she developed an aromatherapy certification program which launched in 2012.

In January 2019, Colleen welcomed Dr. Kelly Ablard as co-owner and co-principal at Essence of Thyme College of Holistic Studies and in January 2021, they launched their



The Essence of Clinical Aromatherapy

International Seminar

revitalized program in an online format.

Colleen sits on the Canadian Alliance of Aromatherapy (CAOA) as President and on the Alliance of International Aromatherapists Board of Directors (AIA) as a Director. She is also the chair of the AIA Education Committee.

Deby Atterby (Australia)

Editor/ Publisher/ Educator/ Lecturer & Conference Director

Aromatherapy Today Education

www.aromatherapytoday.com

<http://www.aromatherapytodayeducation.com.au>

Deby Atterby has been an active Aromatherapy educator, clinical practitioner for over 30 years. She has continued to be active in aromatic medicine and clinical aromatherapy practice and trained internationally since 2001.

Deby has consistently trained in the field of aromatic medicine in Australia and France studying with Essential Oil Resource Consultants from 2003 until 2019.

She continued to advance her knowledge in this field of practice by undertaking the task of editor and publisher of the industry magazine, "Aromatherapy Today International Journal" which she purchased in 2008. This international journal assists aromatherapists with their continuing education in the aromatherapy realm and Deby provides an in-depth profile of an essential oil in each volume. Through the Aromatherapy Today Journal, Deby has welcomed many well-known speakers to Australia to conduct workshops.

From 2012 to 2018, Deby was instrumental in the submission to have an Australian Government approved Advanced Diploma of Aromatic Medicine, HLT60907, which has since been dropped to a skills set.

Over the past 8 years, Deby has developed her role as an international speaker and overseas Clinical Aromatherapy educator and has lectured at Aromatherapy Colleges and/or conferences in Taiwan, Hong Kong and South Korea, Hungary and Austin Texas. Deby is also host and organiser of the Aromatica Australia conference since 2015. This event runs biennially, with the next event set for October 30 & 31 2021.

More recently, Deby has been recognised as an expert in Australian native essential oils and has many case studies to demonstrate their efficacy and benefits in a clinical environment.



The Essence of Clinical Aromatherapy

International Seminar

Sandi Nye (South Africa)

Executive Committee member and Journal Co-editor

Aromatherapy Association of South Africa [AromaSA]

<https://aromasa.org.za/>

Sandi says “Like many of my aromatic sisters, I am a wife, mother, grandmother, friend, health practitioner, educator, formulator, humanitarian, animal lover, nature enthusiast, searcher, traveller, cook, reader, writer, crafter, fundraiser, activist, and dreamer. I started out my professional life in the allopathic [nursing] field in 1970 before progressing to natural medicine studies, including aromatherapy. I am presently a dual-registered practitioner: doctor of naturopathic medicine [with a special interest in aromatic medicine] and aromatherapist, who has been in private practice from 1979 to date.

Towards the furtherance of complementary health practices in South Africa, I was in the forefront of the SA government statutory recognition process since 1993, which representation finally culminated in successful statutory registration of the aromatherapy profession in November 2000.

My journey in education and training started as a freelance lecturer, teaching several science-based subjects for independent aromatherapy schools in South Africa in the early 1990s. I opened my own school [at SA level PHEI/private higher education institution], which for various bureaucratic reasons I closed, after 10 treasured years of adult education and training. Since then, I have continued to serve my professions via academic and practical CPD presentations at congresses and meetings, as well as via various media contributions, and mentoring.

For my sins I continue to serve on various committees, relative to the field of integrated health and wellness. And, as part of my philosophical and spiritual practise, I am deeply committed and actively engaged in community service. More so now than ever before, with regard to food and other basic-needs provision, which have all escalated due to the Covid pandemic.

Besides professional practice, life, love and all that is, I have been privileged, for many years, to serve as formulator for some very special companies within the natural products industry, in addition to continuing to produce various own-label aromatherapy-based product lines. All of the above, plus being actively engaged in the lives of our four precious young grandchildren, and blood and heart family, makes sure that I stay present, grateful, and relatively out of mischief.”



The Essence of Clinical Aromatherapy

International Seminar

Ruta Aldonyte (Lithuania)

Founder and Leader

Association of Lithuanian Aromatherapists

<https://www.facebook.com/aromaterapeutai.lt>

Ruta says "I am scientist (a senior research fellow in the Department of Regenerative Medicine at the State Research Institute Centre for Innovative Medicine in Vilnius, Lithuania). I have PhD in Medicine and my background education is medical doctor. I started to practice aromatherapy in 2009 and in 2015 I was elected as a President of the Association of Lithuanian Aromatherapists.

My scientific interests include the implications of aromatherapy in scientific and medical practices, air pollution mitigation strategies, disease modeling, biosensors and biomarkers. I am very happy to be able to connect my passion in aromatherapy with my activities as a scientist. I am (and our small group of scientists at the department) employing essential oils and hydrosols in my studies and trying to demonstrate their protective effects within respiratory and airway epithelium."

Penny Price (UK)

Managing Director, Academy Principal

Penny Price Aromatherapy Ltd

www.aromatherapy-courses.co.uk & www.penny-price.com

Penny says "I founded my company Penny Price Aromatherapy and the Penny Price Academy in 2003 and the company now has 9 distributorships over the world, some with designated Academies teaching clinical aromatherapy. My history in aromatherapy started in the late 70s when my mother Shirley Price started her aromatherapy business. I was trained formally in 1980 and began teaching in 1983. The passion for aromatherapy has never left me, in fact it grows year on year! The more I know, the more I realise I don't know, and so continued learning is a hobby of mine.

I would love to see aromatherapy training return to the intensity it had in the 80s and 90s, but realise that life moves on to other trends, although I am sure that it will one day loop back on us. As a lecturer in the therapeutic use of essential oils, I have travelled throughout Europe, the Far East and South America. I also contribute to peer-reviewed journals as well as populist articles for magazines, alongside writing and contributing to



The Essence of Clinical Aromatherapy

International Seminar

the academic texts on the medical use of aromatherapy and essential oils. Working in partnership with De Montfort University, I continue research into skin conditions, various ailments and of course, the essential oils themselves. 2020 saw the launch of the 5th Edition of 'Aromatherapy for Health Professionals' which I co-edited with my parents. In the process of retiring, I am handing my treasured business to my daughter Ellie – 3 generations in aromatherapy is a special achievement and I am very proud of her. Along with my husband Bob, 12 grandchildren, 2 Labradors and a feisty cat, life continues to delight and surprise me!"

Anita James (UK)

School owner and principal

Essentially Holistic On-line Training School

<http://essentiallyholistic-onlinetraining.com/essentially-holistic/>

Anita says "Born and raised in Derbyshire, England I've always been surrounded by gardens, allotments and open farmland. The scent of roses takes me straight back to being a child helping my Grandfather in the greenhouse. After a very stressful and life-changing time in 2000, I returned to my love of plants and the natural world in order to grow a new life. It seemed the right path for me.

In 2001 I gained an Aromatherapy Diploma with Distinction from Shirley Price Aromatherapy, Essentially Holistic was launched in 2002 and my aromatic journey began. I'm a firm believer in inspiring learners through active learning; in 2005 I began teaching aromatherapy and holistic therapies courses for some of the independent aromatherapy schools.

I completed my Cert Ed for Post-Compulsory Education at Nottingham Trent University and graduated in 2007. Completing my teaching degree allowed me to understand the theories of learning which assisted me in developing new CPD courses and then an online aromatherapy diploma. I used skills from my previous career in the textile industry to design and build the learning platform used to deliver my diploma course.

In 2013, my company Essentially Holistic received accreditation from the IFPA (International Federation of Professional Aromatherapists). I have spoken about my work at conferences and presented workshops worldwide and offer an online aromatherapy course which is accessed by students from many countries. I have served on the IFPA council as CPD, Education and Accreditation Chair at various times. On the AIA board I have held the positions of a General Board Member in 2017 and Vice President in 2018."



The Essence of Clinical Aromatherapy

International Seminar

Reiko Tomino (Japan)

The Principal Tutor

International Medical Spa Institute

<https://www.imsi.co.jp/company/>

Reiko says "I am the Principal of the International Medical Spa Institute (IMSI) in Tokyo, an IFPA-accredited school since 2002.

I trained in aromatherapy with Gabriel Mojay at the ITHMA in London.

Meeting Gabriel sparked my passion for Traditional Chinese Medicine and later on, I qualified in acupuncture.

At IMSI we regularly organize seminars by prominent lecturers from the UK and other parts of the world."

Denise Joswiak (USA)

Founder, Educator, Consultant

Essential Health

<https://www.essentialhealthmn.com/>

Denise Joswiak is a board-certified holistic nurse and certified clinical aromatherapist. She created the aromatherapy program for the Allina Health System and published research on its effectiveness.

Denise consults with healthcare facilities, supporting development of evidence-based essential oil programs and offers aromatherapy education, certification, and consultation through her company Essential Health.

Essential Health's aromatherapy certification program (ACP) is approved by the National Association for Holistic Aromatherapy (NAHA) and is endorsed by the American Holistic Nursing Association (AHNA) offering CNEs through the American Holistic Nurse Credentialing Corporation (AHNCC). The certification also offers contact hours for massage therapists and bodyworkers through the National Certification Board for Therapeutic Massage & Bodywork (NCBTMB).

For the past four years, Denise served on the board of the Alliance of International Aromatherapists (AIA) and continues to act as their global representative. She sat on the AIA education committee for several years and currently sits on the clinical committee.



The Essence of Clinical Aromatherapy

International Seminar

Denise authored the aromatherapy chapter in the 8th edition of Dossey & Keegan's 'Holistic Nursing: A Handbook for Practice (2021)'. She volunteers on the AHNA panel on essential oils for pain relief. She is also honored to be a part of the jury reviewing programs that apply for the international prize offered by the Gattefossé Foundation. Her vocation is mentoring and empowering healthcare professionals to promote integrative, holistic healthcare.
